



Saint Michael Catholic Primary School & Nursery

Children's Anti-Bullying Policy

Mission Statement:

Excellence • Enrichment • Enjoyment

Date policy accepted by the Governing Body: September 2024

Updated: July 2026

Date for review: July 2027



Our Anti-Bullying Promise:

At our school, everyone matters.

We want all children to feel safe, happy and loved, because we are all part of God's family.

What is bullying?

Bullying is when someone:

- Hurts another person on purpose
- Keeps doing it again and again
- Uses power to make someone feel scared, sad or left out

Bullying is **S**everal **T**imes **O**n **P**urpose. **STOP**.

Bullying is not the same as falling out with a friend or having a one-off argument.

What can bullying look like?

Bullying can be:

- Physical – hitting, pushing, taking belongings
- Verbal – name-calling, teasing, saying unkind things
- Friendship bullying – leaving people out or spreading rumours
- Online bullying – mean messages or posts
- Emotional – making someone feel upset or worthless

What we believe

- Bullying is never okay
- Everyone deserves respect and kindness
- Differences make us special and should be celebrated
- We stand up for others and do the right thing

What should you do if bullying happens?

If you are being bullied or see bullying:

- Tell a trusted adult straight away (teacher, teaching assistant)
- Use the Tell the Teacher box if you need to
- Remember: you will be listened to!

What will adults do?

- Take bullying seriously
- Help everyone feel safe
- Use kind, but firm consequences such as the Time Out Room
- Help children fix friendships using restorative conversations
- Support both the child who was hurt and the child who made the mistake – we can all learn together

How we stop bullying

We help prevent bullying by:

- Talking about kindness in assemblies and lessons
- Helping children be good friends
- Teaching how to stay safe online
- Encouraging children to help and include others



Our promise to you

At Saint Michael's:

- You are never alone
- You have the right to feel safe
- Adults will always try to help
- Bullying will be challenged