



YEAR 1 MUSIC, ALL ABOUT ME: PULSE & RHYTHM

Kapow
Primary

Year 1: Pulse and rhythm

Musical style: Pop music

Listening to and performing pop songs about friendship.



Pop music usually has a strong pulse which means it is easy to dance 'in time' with the music. It often has a simple melody that is easy to sing along to.

Vocabulary

In time

Clapping, dancing, singing or marching at the same speed as the music.

Instruments

Untuned percussion



Pulse

The heartbeat of the music. Sometimes called the 'beat'.



We can clap along in time, we can move our bodies in time, we can march in time to the beat of the music.

Rhythm

A pattern of long and short sounds.



Body percussion

You can use your body as an instrument to play in time with the music too.

Tapping foot



Clicking fingers



Clapping

