

The Rosary is not only a mental prayer, but also a vocal prayer in which we meditate on the virtues of the Life, Death, Passion and Glory of Jesus Christ and His Blessed Mother, the Virgin Mary.

The rosary owes its origin to St. Dominic.

It is a humble prayer that many sinners owe their conversion to.

1. Hold the cross of the Rosary in your right hand and bless yourself with the Cross, saying, "In the Name of the Father and of the Son and of the Holy Spirit. Amen."

2. Still holding the Cross, say, The "Apostles' Creed."

3. On the first large bead after the Cross, say the Our Father;
On the next three small beads, say the Hail Mary, for the virtues of Faith, Hope and Charity;
after the third Hail Mary, say "Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen."

4. Then announce the first mysteries.

Recite the "Our Father" on the large bead, followed by 10 "Hail Mary's" on the smaller beads, then say, the "Glory Be" for each decade of the Rosary. There are five decades for each Mystery.

After each Mystery, recite the "Fatima Ejaculation"

" O my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven especially those who are most in need of Thy Mercy."

[Click here for a picture version](#) of the Mysteries of the Rosary

The Joyful Mysteries:

(Said on Mondays and Saturdays, the Sundays of Advent, and Sundays from Epiphany until Lent)

1. The Annunciation (Humility)
2. The Visitation (Fraternal Charity)
3. The Nativity (Love of God)
4. The Presentation (Spirit of sacrifice)
5. Finding in the Temple (Zeal)

The Luminous Mysteries (Mysteries of Light):

(Said on Thursdays)

1. The Baptism of the Lord (Sacrament of Baptism)
2. The Wedding of Cana (Fidelity)
3. The Proclamation of the Kingdom (Desire for Holiness)
4. The Transfiguration (Spiritual Courage)
5. The Institution of the Eucharist (Love of Our Eucharistic Lord)

The Sorrowful Mysteries:

(Said on Tuesdays, Fridays throughout the year; and daily from Ash Wednesday until Easter Sunday)

1. Agony in the Garden (True Repentance)
2. Scourging at the Pillar (Mortification)
3. Crowning with Thorns (Moral Courage)
4. Carrying the Cross (Patience)
5. The Crucifixion (Final Perseverance)

The Glorious Mysteries:

(Said on Wednesdays and the Sundays from Easter until Advent)

1. The Resurrection (Faith)
2. The Ascension (Hope)
3. The Descent of the Holy Spirit (Zeal)
4. The Assumption (Happy Death)
5. The Coronation of B.V.M. (Love for Mary)

The Hail Holy Queen (said after the completion of the five mysteries)

Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our Hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary!

Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

Let Us Pray

O God, whose only begotten Son,
By His life, death and resurrection has purchased for us
The rewards of eternal life, grant, we beseech Thee, that
Meditating upon these mysteries in the most Holy Rosary of
The Blessed Virgin Mary, we may imitate what they contain and
Obtain what they promise: through the same Christ, our Lord.
Amen.

For the intentions of the Holy Father, recite one "Our Father," one "Hail Mary," and a "Glory Be."

In the name of The Father, and of The Son and of The Holy Spirit. Amen.



