



Saint Michael Catholic Primary School



Physical Education Curriculum Overview 2016 – 2017

Physical Education	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Orienteering (north, south, east, west) Dance	Games (Ball skills and Games) Gymnastics	Games (Throwing and Catching – Aiming Games) Gymnastics	Athletics Dance	Games Gymnastics	Athletics Dance
Year 2	Games (Ball skills) Gymnastics	Games Gymnastics	Games Dance (Bollywood)	Athletics Dance	Games Athletics	Athletics Dance
Year 3	(Games Ball Skills) Gymnastics	Dance orienteering	Games -Netball Gymnastics	Athletics Dance	Games -Tennis Gymnastics	Athletics Orienteering (Sayers Croft)
Year 4	Orienteering Gymnastics (Unit 1)	Games (Unit 1 – Tennis) Dance (Unit 1)	Games (TAG Rugby - Unit 2/3) Gymnastics (Unit 2)	Athletics (Unit 1) Dance (Unit 2)	Games (Rounders – Unit 4) Gymnastics (Unit 3)	Athletics (Unit 2) Dance (Unit 3)
Year 5	Orienteering Gymnastics	Football Yoga	Hockey Dance	Badminton Tag Rugby	Athletics Gymnastics	Cricket/ Tennis Dance
Year 6	Hockey Gymnastics	Games –Football Dance	Games –Tennis Dance	Athletics Gymnastics	Games –Cricket Gymnastics	Athletics Dance