



Physical Education Curriculum Overview 2017 – 2018

Physical Education	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Multi-skills – fundamental movements e.g. moving around space without contacting people or equipment Gymnastics - rolls	Multi-skills – throwing and catching I move Dance	Dodgeball – ball skills and point scoring Gymnastics - balances	Multi-skills – bat and ball skills – aiming and striking I move Dance	Multi-skills- Throwing and catching – aiming games Gymnastics – jumps	Athletics I move Dance
Year 2	Multi-skills – Dribbling, kicking and hitting Gymnastics - rolls	Multi-skills – throwing and catching Gymnastics - balances	Dodgeball – ball skills and point scoring I move Dance	Multi-skills – Making up group games and inventing rules. I move Dance	Athletics Gymnastics - jumps	Athletics I move Dance
Year 3	Quick sticks Hockey Gymnastics	Tag Rugby I move Dance	Netball / dodgeball Indoor Football	Tennis I move Dance	Kwik Cricket Gymnastics	Athletics Orienteering
Year 4	Quick sticks Hockey Gymnastics	Tag Rugby I move Dance	Netball / dodgeball Indoor Football	Tennis / Swimming I move Dance	Kwik Cricket/ Swimming Gymnastics	Athletics I move Dance
Year 5	Football Yoga	Quick Sticks (Hockey) Sports hall athletics	Netball / dodgeball I move Dance	Tag Rugby Gymnastics	Athletics Indoor Tennis	Rounders/ Cricket Gymnastics
Year 6	Football Gymnastics	Quick Sticks (Hockey) Sports hall athletics	Netball / dodgeball I move Dance	Tag Rugby Gymnastics	Athletics Indoor Tennis	Rounders / Orienteering I move Dance
Topics in red will be accompanied by an outside tournament						