

The Communion Rite & Dismissal

Our Father

The Apostles often noticed how Jesus went away to be by himself to pray. One day, as he came back to them, they asked him to teach them how to pray. This prayer is what he taught them and now we, too, know how to pray it. It is the prayer we have in common with all Christians, so if there is someone in the family who is not a Catholic, this is one of the special parts of the Mass where we can all share together in unity.

- *Slowly recite the Our Father together as a family united in prayer. What does that feel like to be praying it together?*
- *Are there any words you do not understand?*
- *How can God our Father give us 'daily bread'?*
- *What do we mean by 'trespasses'?*

Talk together and share your thoughts with each other.

