

Prayer

Prayer should be a real turning to God for all situations in life. There is need for the basic formal prayers, such as 'The Sign of the Cross' and the 'Lord's Prayer' but the real task is to encourage the children to be comfortable in prayer and to see prayer as natural.

Later when prayer is seen as being integrated into each day, more formal prayer should be encouraged so that each pupil can explore and develop ways of praying that are suited to his/her personality and needs.

Below are the prayers that are introduced and said in each year group.

Reception-The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; and begin to learn Hail Mary and the Our Father.

Year 1- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; Glory Be and learn Hail Mary and the Our Father.

Year 2- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; Act of Sorrow and Walk With Me

Year 3- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; Act of Contrition, Eternal Rest and prayers before and after Holy Communion.

Year 4- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; Acts of Faith, Hope and Charity, St. Michael Prayer, The Benedictus and know the 20 Mysteries of the Rosary.

Year 5- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; Confiteor, The Memorare, the Magnificat and Prayer Of thanks Giving.

Year 6- The Sign of the Cross; Morning and Night Prayers; Grace before and after Meals; The Apostles Creed, The Angelus and Stations Cross and Prayer of Divine Praises.